

Planning for the Future

NEW HAMPSHIRE

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UNIVERSITY of NEW HAMPSHIRE
COOPERATIVE EXTENSION

Youth, Families & Communities

UNH Cooperative Extension's Family, Community and Youth programs help families succeed by offering educational opportunities designed to meet the needs of people at all stages of the life cycle. New Hampshire residents can find resources for:

- Enhancing nutrition and keeping food safe
- Achieving family financial goals
- Parenting and quality child care
- Addressing the needs of limited resource families
- Developing the potential of young people through 4-H Youth Development programs
- Leadership development
- Learning how to give back to the communities in which they live
- Volunteerism
- Community needs assessments and action plans
- Life skills for adults and youth

Natural Resources

Cooperative Extension's Natural Resources programs focus on wise management and use of natural resources.

Programs include:

- Caring for New Hampshire's forests
- Sustainable agricultural systems
- Rural economic development
- Assisting communities with conservation of natural resources
- Coastal, marine and freshwater education
- Enhancing wildlife habitat
- Achieving farm and forest business goals
- Protecting land, water and open space
- Nutrient management to protect water resources
- Preserving community "rural character"
- Volunteer water quality monitoring
- Geospatial Technologies

UNH Cooperative Extension
County Offices

Belknap County

(603) 527-5475 email: ce.belknap@unh.edu

Carroll County

(603) 539-3331 email: ce.carroll@unh.edu

Cheshire County

(603) 352-4550 email: ce.cheshire@unh.edu

Coös County

(603) 788-4961 email: ce.coos@unh.edu

Grafton County

(603) 787-6944 email: ce.grafton@unh.edu

Hillsborough County

Milford
(603) 673-2510 email: ce.hillsborough@unh.edu

Goffstown

(603) 621-1478 email: ce.goffstown@unh.edu

Merrimack County

(603) 225-5505 (from Concord area)
(603) 796-2151 email: ce.merrimack@unh.edu

Rockingham County

(603) 679-5616 email: ce.rockingham@unh.edu

Strafford County

(603) 749-4445 email: ce.strafford@unh.edu

Sullivan County

(603) 863-9200 email: ce.sullivan@unh.edu

Family, Home & Garden Education Center

470 Commercial Street
Manchester, NH 03101

(603) 629-9494

Toll free 1-877-398-4769



New Hampshire 4-H Camps

Bear Hill 4-H Camp, Allenstown

Barry Conservation Camp, Berlin

Stoney Point Cottage, Colebrook

(603) 862-2132 or 862-2184



Sea Grant Extension

Kingman Farm, UNH

Durham, NH 03824

(603) 749-1565 email: seagrants@unh.edu



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